

## 7.3 Institutional Distinctiveness

### Promoting Women Empowerment

The very foundation of the college is promotion of gender equity and women empowerment by providing learning opportunities to the girl child. The college is continuously dedicated to the cause of girl's education. Navyug college constantly work in the direction of attaining all round development of its students. The college envision to empower and educate girl students to help them compete for equal opportunities in building successful career and to become socially responsible citizen. To Promote women empowerment, college involves in creating an environment that fosters equality, inclusivity, and opportunities for personal and professional growth. There are many committees in the college like Proctorial Board, Student Council, Parent-Teacher Forum, Mission Shakti Cell, Women's Assistance/grievance Redressal Committee, Alumni Association, SC/ST CELL, Electoral Literacy Club, Online Education & LMS Cell, Industry Academia Integration and skill development cell, Cell for Differently abled students SEDGS, Mentoring & Counselling cell which promote women empowerment. College take various steps to promote women's empowerment. These steps can help create a more supportive environment for students. Here are some common initiatives and strategies that colleges often employ:

#### **Providing Leadership Opportunities.**

College Provide opportunities to the students to take on leadership roles within the college. This involve Student Council positions, organizing events and activities under departmental clubs and committees. Leadership experiences contribute to personal and professional development.

#### **Career Counseling Sessions**

Industry Academia Integration and Skill Development Cell and other departments regularly organized career counseling sessions, to help students select successful career. Special focus is on development of entrepreneurial skills.

#### **Skill Development Workshops**

College has MoU with MEDHA which groom students by providing personality development classes and Internship. College has MoU with YI YUVA of CII to inspire and guide students towards self development, skill building, community service and above all nation building. which help in developing entrepreneurial skills in students and provide opportunities of industrial visit. Industry Academia Integration and skill development cell regularly organizes skills development workshops.

**Mentorship programme:** mentor mentee system that pair students with faculty who can provide guidance and support in their academic and career pursuits as well as helping them to overcome personal problems.

**Placement Drives** From time to time placement drives are also organized by college.

**Active Participation in Sports** College ensure active participations of students in sports competitions at regional as well as national levels

**Building Self Confidence to overcome challenges in personal and professional life**

Mission Shakti cell, NCC, NSS and other departments organizes many lectures, workshops, webinars to build self confidence amongst girls and to make them realize their potentials and ability to face the world. Some of the activities include motivational lectures and webinar on women empowerment, self defense and marshal art training, health counseling sessions etc.

**Financial Awareness programme** In order to provide economic empowerment financial and investment awareness programmes are also organized by the college from time to time.

**Safety and Inclusive Environment** The college ensures environment is safe, inclusive, and free from discrimination. College also conduct awareness and training programmes for the safety and security of the students.

**Awareness Programmes** College conduct awareness campaigns on women's rights, gender-based violence, and issues affecting women globally. This can contribute to creating a more informed and empathetic community.

**Networking with Alumni** Facilitate networking events and programs that connect female students with alumni and professionals in various fields, helping them build valuable connections and explore career opportunities

**Promotion of Health and Hygiene** To ensure the students have access to health and hygiene, college has Hygiene and sanitation cell, which organized Sanitary Napkin making workshop from 16/12/22 to 23/12/22 where student learnt to manufacture napkin and produced napkin to be distributed amongst the students. NSS and NCC wing of the college also regularly conduct workshops and lectures on Health and hygiene of the students

College has one of the best NCC wing in the city.

### Women Empowerment Related Activities in Session 2022-23

25-09-22	Sociology	Webinar titled "Dindayal Antyodaya Yojana and skill development :A step towards sustainable livelihood"	<a href="https://youtu.be/J9WGDJr7v0">https://youtu.be/J9WGDJr7v0</a>
25-09-22	Zoology	educational visit to the CSIR-CDRI	<a href="https://www.facebook.com/photo/?fbid=133933416056174&amp;set=pcb.133933492722833&amp;_cft_[0]=AZWA8_FLZqvvs2OM4geXWXa7v65e_DHCb2JfavfNEAqorZt0jspRSvXc-y3nNu13mISDHUYi4uoFk-">https://www.facebook.com/photo/?fbid=133933416056174&amp;set=pcb.133933492722833&amp;_cft_[0]=AZWA8_FLZqvvs2OM4geXWXa7v65e_DHCb2JfavfNEAqorZt0jspRSvXc-y3nNu13mISDHUYi4uoFk-</a>
26-09-22		Students participation in UDGAM-Vision for Sustainable Lucknow	<a href="https://www.facebook.com/photo/?fbid=134002019382647&amp;set=pcb.134002976049218&amp;_cft_[0]=AZXcw9vZK-">https://www.facebook.com/photo/?fbid=134002019382647&amp;set=pcb.134002976049218&amp;_cft_[0]=AZXcw9vZK-</a>
08-09-22	Education	Online lecture on the topic – “Literate Women Empowered India” by Professor Meenakshi Biswal, Department of Education, Vasanta College for Women Rajghat, Varanasi delivered	<a href="https://www.youtube.com/live/oZWNHsCApcQ?si=dtW_uGOL-7DPehK">https://www.youtube.com/live/oZWNHsCApcQ?si=dtW_uGOL-7DPehK</a>
23-09-22-24-09-22	Zoology and Botany	A two-day training workshop in Molecular Biology was organized by the Department of of Navyug Kanya Mahavidyalaya from 23/09/2022. This workshop is being organized under the supervision of various scientists of	<a href="https://www.facebook.com/photo/?fbid=133225899460259&amp;set=pcb.133226359460213&amp;_cft_[0]=AZXiSxEMcpFafSl_i29S1QcfQXhljCkO44aaAfBR-rqym8jd2zVtUmHxZ_5YTR5ZHdUtdWtFIO-fiqdCAGoDxfGg7aCFcqQH-">https://www.facebook.com/photo/?fbid=133225899460259&amp;set=pcb.133226359460213&amp;_cft_[0]=AZXiSxEMcpFafSl_i29S1QcfQXhljCkO44aaAfBR-rqym8jd2zVtUmHxZ_5YTR5ZHdUtdWtFIO-fiqdCAGoDxfGg7aCFcqQH-</a>

		Experium Pvt. Ltd. like Experium Founder Dr. Mahesh, Senior Scientist Dr. Mohammad Akram Ansari, Junior Scientist Swati Vaish, Scientist Nutan Singh and Shivani.	
6.10.2022	Commerce	An expert lecture on new areas in economics and commerce by Prof Anoop Mishra, from DAV college,	<a href="https://www.facebook.com/photo/?fbid=136506665798849&amp;set=pcb.136506892465493&amp;_cft_[0]=AZVxAcEmuzKkgaso_fxsKmOG2MtKR7_4ZWM9L_E-">https://www.facebook.com/photo/?fbid=136506665798849&amp;set=pcb.136506892465493&amp;_cft_[0]=AZVxAcEmuzKkgaso_fxsKmOG2MtKR7_4ZWM9L_E-</a>
12/10/22	Mathematics and Statistics	Lecture on Enhancement of Communication Skills by 'Dr. Kajal Srivastava', Assistant Professor, Jaipuria Institute of Management.	<a href="https://www.facebook.com/photo/?fbid=138599028922946&amp;set=pcb.138599078922941&amp;_cft_[0]=A">https://www.facebook.com/photo/?fbid=138599028922946&amp;set=pcb.138599078922941&amp;_cft_[0]=A</a>
30-10-22	NKM in association with A.P.Sen Memorial Girls P.G. College	Webinar on Indian Economy: Current Issues and Challenges	<a href="https://youtu.be/Tb4WGq9qLVM">https://youtu.be/Tb4WGq9qLVM</a>
05-11-22	Education	Students Visit to Lucknow Book Festival	<a href="https://www.facebook.com/photo/?fbid=145186944930821&amp;set=pcb.145186994930816&amp;_cft_[0]=AZXdEVfkukt0n18G_RbGNU-">https://www.facebook.com/photo/?fbid=145186944930821&amp;set=pcb.145186994930816&amp;_cft_[0]=AZXdEVfkukt0n18G_RbGNU-</a>
05-11-22	Industry Academia Integration and Skill Development Cell	Workshop on " PHOTOGRAPHY" Participants were guided for techniques and skill development for picking up photography as a profession or as a hobby.	<a href="https://www.facebook.com/photo/?fbid=145185614930954&amp;set=pcb.145186038264245&amp;_cft_[0]=A">https://www.facebook.com/photo/?fbid=145185614930954&amp;set=pcb.145186038264245&amp;_cft_[0]=A</a>
03-11-22	Industry Academia Integration and Skill Development Cell	Workshop in association with Language Paathshaala on 'English language made simple '.	<a href="https://www.facebook.com/photo/?fbid=144547738328075&amp;set=pcb.144547828328066&amp;_cft_[0]=AZWtEiwJ3SYTta_T1E-">https://www.facebook.com/photo/?fbid=144547738328075&amp;set=pcb.144547828328066&amp;_cft_[0]=AZWtEiwJ3SYTta_T1E-</a>
10-11-22	Commerce association in with MEDHA	Placement Drive	<a href="https://www.facebook.com/photo/?fbid=146615898121259&amp;set=pcb.146616058121243&amp;_cft_[0]=AZVnTtrKmxKc4J2goPombpVt0Ho">https://www.facebook.com/photo/?fbid=146615898121259&amp;set=pcb.146616058121243&amp;_cft_[0]=AZVnTtrKmxKc4J2goPombpVt0Ho</a>

08-10-22	NKMV in association with Swami Vivekanand Kendra Kanyakumari Lucknow	Youth leadership workshop in *Uttisht Bharat 2047*	<a href="https://www.facebook.com/photo/?fbid=137127445736771&amp;set=pcb.137127739070075&amp;_cft_[0]=AZXLB88uUyMgsGgp4lOsSntvjTA4knSrWlw-">https://www.facebook.com/photo/?fbid=137127445736771&amp;set=pcb.137127739070075&amp;_cft_[0]=AZXLB88uUyMgsGgp4lOsSntvjTA4knSrWlw-</a>
23-11-22	NKM in association with Medha	Felicitation Ceremony for students who completed Personality Development Course run in the College in Association with MEDHA	<a href="https://www.facebook.com/photo/?fbid=150289381087244&amp;set=pcb.150289651087217&amp;_cft_[0]=AZWgzXzQADSVOIO6ENiG1ksop">https://www.facebook.com/photo/?fbid=150289381087244&amp;set=pcb.150289651087217&amp;_cft_[0]=AZWgzXzQADSVOIO6ENiG1ksop</a>
20-12-22	Commerce	Student visit to GIRI institute for Youth Discussion on "How does the young generation want to see India after 100 years of independence?"	<a href="https://www.facebook.com/photo/?fbid=157294043720111&amp;set=pcb.157294077053441&amp;_cft_[0]=AZU_8LjGEzywV-">https://www.facebook.com/photo/?fbid=157294043720111&amp;set=pcb.157294077053441&amp;_cft_[0]=AZU_8LjGEzywV-</a>
21-12-22	Commerce	Educational industrial trip for B.Com students to ICAR IISR (Indian Council of agricultural research - Indian Institute of sugarcane research)	<a href="https://www.facebook.com/photo/?fbid=157626140353568&amp;set=pcb.157626520353530&amp;_cft_[0]=A">https://www.facebook.com/photo/?fbid=157626140353568&amp;set=pcb.157626520353530&amp;_cft_[0]=A</a>
17-11-22	Philosophy	Students visit to Indian Council of Philosophical Research	<a href="https://www.facebook.com/photo/?fbid=148876551228527&amp;set=pcb.148876974561818&amp;_cft_[0]=AZUcYsg_">https://www.facebook.com/photo/?fbid=148876551228527&amp;set=pcb.148876974561818&amp;_cft_[0]=AZUcYsg_</a>
16-12-22	Industry Academia Integration and Skill Development Cell	Career Counseling Session by Frankfinn, institute of air hostess training, guiding students for careers in aviation , hospitality and tourism industry.	<a href="https://www.facebook.com/photo/?fbid=156323303817185&amp;set=pcb.156323343817181&amp;_cft_[0]=AZW2Ezw6WqPnI5n2WGEzCuvGKSUU7nBdPtMSKKuomOEqFZ">https://www.facebook.com/photo/?fbid=156323303817185&amp;set=pcb.156323343817181&amp;_cft_[0]=AZW2Ezw6WqPnI5n2WGEzCuvGKSUU7nBdPtMSKKuomOEqFZ</a>
15-11-22 to 14-12-22	Commerce	4 weeks Internship with UPSRTC for the students of <u>m.com</u> semester 3	<a href="https://www.facebook.com/photo/?fbid=157292063720309&amp;set=pcb.157292613720254&amp;_cft_[0]=AZVca92sQQkeMt6h27FxSZivUCQ-">https://www.facebook.com/photo/?fbid=157292063720309&amp;set=pcb.157292613720254&amp;_cft_[0]=AZVca92sQQkeMt6h27FxSZivUCQ-</a>

14-12-22	COMMERCE		EXPERT ALUMNI SPEAK ON THE TOPIC "PATH TO A PROFESSIONAL JOURNEY IN BANKING AND FINANCE"	<a href="https://www.facebook.com/photo/?fbid=155569270559255&amp;set=pcb.155569347225914&amp;_cft_[0]=AZWmkFeprmJKMG3Q1hrbVc0-fWnfHDyCo-">https://www.facebook.com/photo/?fbid=155569270559255&amp;set=pcb.155569347225914&amp;_cft_[0]=AZWmkFeprmJKMG3Q1hrbVc0-fWnfHDyCo-</a>
21-01-23	College association ABVP	in with	Health and Hygiene Awareness Campaign under Ritumati campaign	<a href="https://www.facebook.com/photo/?fbid=165331132916402&amp;set=pcb.165331542916361&amp;_cft_[0]=AZV7NuLPstjhanz1h5s_q3GOPh4zoiaCl3pClCoKxRnfy205KGncJjjajwR-">https://www.facebook.com/photo/?fbid=165331132916402&amp;set=pcb.165331542916361&amp;_cft_[0]=AZV7NuLPstjhanz1h5s_q3GOPh4zoiaCl3pClCoKxRnfy205KGncJjjajwR-</a>
24-01-23	Zoology association CSIR-NCL pune	in with	Lecture on Intellectual property rights	<a href="https://www.facebook.com/photo/?fbid=16606309510151&amp;set=pcb.166060486176800&amp;_cft_[0]=AZV5hWCV5437bEeXvxSdPxfYzBfmEd6b">https://www.facebook.com/photo/?fbid=16606309510151&amp;set=pcb.166060486176800&amp;_cft_[0]=AZV5hWCV5437bEeXvxSdPxfYzBfmEd6b</a>
27.01.2023	Commerce		A placement and training session by EDUBRIDGE	<a href="https://www.facebook.com/photo/?fbid=166850302764485&amp;set=pcb.166850426097806&amp;_cft_[0]=AZX">https://www.facebook.com/photo/?fbid=166850302764485&amp;set=pcb.166850426097806&amp;_cft_[0]=AZX</a>
11-02-23	Commerce		Post Budget Panel Discussion	<a href="https://www.facebook.com/photo/?fbid=170583269057855&amp;set=pcb.170584552391060&amp;_cft_[0]=AZVSGjwaaSyiH_MSMVRluqUYFAMRAYhsnYiLeBSCG2AmNLcNnc8sfFO">https://www.facebook.com/photo/?fbid=170583269057855&amp;set=pcb.170584552391060&amp;_cft_[0]=AZVSGjwaaSyiH_MSMVRluqUYFAMRAYhsnYiLeBSCG2AmNLcNnc8sfFO</a>
08-02-23	Commerce in association with Dattopant Thengadi Board of Worker's Education and Development (Ministry of Labour and Employment, Government of India)		One day short term training program- On entrepreneurial Initiatives and Skills and Govt. programmes and Schemes for budding Entrepreneurs.	<a href="https://www.facebook.com/photo/?fbid=169738489142333&amp;set=pcb.169738732475642&amp;_cft_[0]=AZW16vihMcDNkHRBaUk2KISyKEm2dWr7OXR_eS9Ni85KG_HP8IX8Xn_ymb2A5IM2_irxcv2w6H5nx0584zekzdJWY3sKVII9-">https://www.facebook.com/photo/?fbid=169738489142333&amp;set=pcb.169738732475642&amp;_cft_[0]=AZW16vihMcDNkHRBaUk2KISyKEm2dWr7OXR_eS9Ni85KG_HP8IX8Xn_ymb2A5IM2_irxcv2w6H5nx0584zekzdJWY3sKVII9-</a>
11-05-2023			7 Days workshop for Tie and Dye, Batik,	<a href="https://www.facebook.com/photo/?fbid=22">https://www.facebook.com/photo/?fbid=22</a>

to17-05-2023		paper weight, bottle art and Glass Painting	<a href="https://www.facebook.com/photo/?fbid=1508040632044&amp;set=pcb.221508093965372&amp;_cft_[0]=AZWFptDQzY8JY_rH6Sdb23EVI8scxcbz2LZG0Go_ojW6xpFtfTXYZdjqzLuf">1508040632044&amp;set=pcb.221508093965372&amp;_cft_[0]=AZWFptDQzY8JY_rH6Sdb23EVI8scxcbz2LZG0Go_ojW6xpFtfTXYZdjqzLuf</a>
12.5.2023	Career Counselling and Skill Development Cell	Career in Civil Services	<a href="https://www.facebook.com/photo/?fbid=218502544265927&amp;set=pcb.218502727599242&amp;_cft_[0]=AZUcAz2KwLFSyLVljlLsi89WwFCsziaTjg5xZL-">https://www.facebook.com/photo/?fbid=218502544265927&amp;set=pcb.218502727599242&amp;_cft_[0]=AZUcAz2KwLFSyLVljlLsi89WwFCsziaTjg5xZL-</a>
17-05-2023	Hindi	Educational trip for students to Hindi Sansthan	<a href="https://www.facebook.com/photo/?fbid=220935387355976&amp;set=pcb.220935627355952&amp;_cft_[0]=AZUYunHm6tHDrKyTKQYIKZqtXB4pNHXUWLS_PruBvY2d7RFwn_ggm">https://www.facebook.com/photo/?fbid=220935387355976&amp;set=pcb.220935627355952&amp;_cft_[0]=AZUYunHm6tHDrKyTKQYIKZqtXB4pNHXUWLS_PruBvY2d7RFwn_ggm</a>
20-05-23	Commerce	Nurturing Entrepreneurial Skills Success story of "Bun Makkhan Chai"	<a href="https://www.facebook.com/photo/?fbid=222289477220567&amp;set=pcb.222290853887096&amp;_cft_[0]=AZVlFwIFy3myYIEE1yUMeVJKgJbmmuVbOUTDcQhH06avfAzz6Kdlk0rHfM0Uy_9IIVS_Nrc8Hnp-8VAmlOh1WuX_m_7FvKgiqKH46jWK8HFjEhWi_LjEA_gvaGKceGuevd5qlxVzH2tMnBslaHldz8K2FXUekNDiNpbxrijh0cC5JzWaUMspnEB95rlo7tcBE1Yc&amp;_tn_*bH-R">https://www.facebook.com/photo/?fbid=222289477220567&amp;set=pcb.222290853887096&amp;_cft_[0]=AZVlFwIFy3myYIEE1yUMeVJKgJbmmuVbOUTDcQhH06avfAzz6Kdlk0rHfM0Uy_9IIVS_Nrc8Hnp-8VAmlOh1WuX_m_7FvKgiqKH46jWK8HFjEhWi_LjEA_gvaGKceGuevd5qlxVzH2tMnBslaHldz8K2FXUekNDiNpbxrijh0cC5JzWaUMspnEB95rlo7tcBE1Yc&amp;_tn_*bH-R</a>
26-05-23	Hindi	Educational trip for students to Dainik Jagran	<a href="https://www.facebook.com/photo/?fbid=226705250112323&amp;set=pcb.226523140130534&amp;_cft_[0]=AZX8abwR8DnKvN2f8k52cRcpjN4BwplMZnFhD4o8TwiZ6elVbOM4IN1">https://www.facebook.com/photo/?fbid=226705250112323&amp;set=pcb.226523140130534&amp;_cft_[0]=AZX8abwR8DnKvN2f8k52cRcpjN4BwplMZnFhD4o8TwiZ6elVbOM4IN1</a>
12-05-23	Botany	Entrepreneurial Opportunity in Agriculture	<a href="https://www.facebook.com/photo/?fbid=218536777595837&amp;set=pcb.218536794262502&amp;_cft_[0]=AZVyAUOqewfMWbRL5Q5v8Jl4YLm8fAWDH3JFT2nhUpps-">https://www.facebook.com/photo/?fbid=218536777595837&amp;set=pcb.218536794262502&amp;_cft_[0]=AZVyAUOqewfMWbRL5Q5v8Jl4YLm8fAWDH3JFT2nhUpps-</a>

## Navyug Kanya Mahavidyalaya, Lucknow

### Empowering Girls through active sports Participation

#### Department of Physical Education

#### Sports Achievements

Session 2022-23

<b>S. No.</b>	<b>Organizer</b>	<b>Event</b>	<b>Date</b>	<b>Venue</b>	<b>No. of Participants</b>	<b>Names of Participants</b>	<b>Class</b>	<b>Position</b>
<b>1</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
1-	Odisha University	Rugby	21.12.2022 to 29.12.2022	Odisha University, Odisha	2	Shalu Devi Deepti Patel	B.A. III B.A. II	Participated
2-	Haryana University	Badminton	22.11.2022 to 27.11.2022	Rohtak, Haryana	1	Sakshi	B.A. II	Participated
	Haryana University	Volleyball	04.12.2022 to 07.12.2022	Haryana	6	Tanisha Janhvi Jividha Pooja kannaujia Amrita Ankita	B.A. I B.A. I B.A. I B.A. I B.A. I B.A. I	Participated
	Bharatphool Singh Mahila University	Kabaddi	07.12.2022 to 10.12.2022	Bharatphool Singh Mahila University, Sonipath , Haryana	2	Sonam Arti Lodhi	B.A. III B.A. III	Participated

	Amritsar University	Hockey	19.12.2022 to 24.12.2022	Amritsar University, Amritsar	1	Stuti Verma	B.A. III	Participated
	Maharaja Laxman Sen Memorial College	Cricket	23.11.2022 to 02.12.2022	Maharaja Laxman Sen Memorial College Sundernagar , Shimla	1	Khushi Yadav	B.A. I	Participated
	Haryana University							
	Delhi University	Chess	07.02.2023 to 09.02.2023	Delhi University, Delhi	1	Anubhavi Singh	B.A. III	Participated
3-	U.P. Jr. National Shootingball	Jr. National Shootingball	12.11.2022 to 14.11.2022	Vidisha, Madhya Pradesh	1	Akansha Verma	B.A. III	3rd Place
	Kho-Kho National Games U-17	Kho-Kho	28.11.2022 to 31.11.2022	Uchchahar,U.P.	1	Swati Verma	B.A. III	
	Sr. National Shootingball	Shootingball	25.12.2022 to 27.12.2022	Vidisha, Madhya Pradesh	2	Akansha Verma Vanshika Verma	B.A. III B.A. III	2nd Place
	National Cycling Championship	Cycling	25.03.2023 to 26.03.2023	Kolkata	1	Tanu Bharti	B.A. I	Gold Medal
	Khelo India Youth Games 2023 U-19	Volleyball	28.02.2023 to 03.02.2023	Madhya Pradesh	5	Tanisha Janhvi Jividha Pooja kannaujia Amrita	B.A. I B.A. I B.A. I B.A. I B.A. I	Participated
	42th National Shooting Ball Championship	Shootingball	26.05.2023 to 28.05.2023	Sant Atulanand Convent School	1	Shalu Devi	B.A. III	3rd Place

				Koirajpur, Varanasi				
4-	UP Kho-Kho Association organized by District kho-Kho Association	Kho-Kho	02.06.2022 to 04.06.2022	Basti, U.P.	4	Riya Kashyap Pari Mishra Akansha Verma Swati Verma	B.A. III B.A. II B.A. III B.A. III	Participated
	Women State Basketball Championship	Basketball	17.09.2022 to 21.09.2022	Gorakhpur	2	Priyanka Sahu Rabiya Khatoon	B.A. III B.A. II	Participated
	Sr. State Basketball	Basketball	01.10.2022 to 04.10.2022	Kanpur, U.P.	1	Drishti Gupta	B.Sc. I	Participated
	Jr. State Shootingball	Shootingball	09.10.2022 to 11.10.2022	Banaras	1	Vanshika Verma	B.A. III	Participated
	Jr. State Volleyball Championship	Volleyball	19.10.2022 to 22.10.2022	Orai, U.P.	2	Anamika Yadav Akansha Verma	B.A. II B.A. III	Participated
	Kho-Kho State Championship	Kho-Kho	02.11.2022 to 05.11.2022	Baliya, U.P.	1	Akansha Verma	B.A. III	Participated
	Sr. State Volleyball	Volleyball	09.11.2022 to 11.11.2022	Mau	3	Deepti Patel Vanshika Verma Sakshi	B.A. II B.A. III B.A. II	Participated
	Shootingball Sr. State Championship	Shootingball	25.11.2022 to 28.11.2022	Ghaziabad	4	Shalu Devi Vanshika Verma Saumya Akansha Verma	B.A. III B.A. III B.A. III B.A. III	Participated
	Senior State Volleyball Championship	Volleyball	06.02.2023 to 09.02.2023	Jaunpur	1	Pari Mishra	B.A. II	Participated
	42th State Shooting Ball Competition	Shooting Ball	07.04.2023 to 08.04.2023	Utkarsh Higher Secondary School, Achalganj-Unnao	5	Shalu Devi Vanshika Verma	B.A. III B.A. III	Participated

						Akansha Verma Saumya Thakur Anamika Yadav	B.A. III  B.A. II  B.A. II	
5-	Sports Welfare Foundation	Basketball 1×1 Winter Cup Tournament A. 1×1 Junior Category (U-17)	30.12.2022 to 31.12.2022	Colvin Taluqdars College, Lucknow	2	Drishti Gupta	B.Sc. I	2nd Place
		B. 1×1 Senior Category				Richa Pal	B.Com. I	1st Place
6-	Intercollegiate Badminton	Badminton Doubles	29.09.2022	K.D. Singh Babu Stadium, Lucknow	2	Sakshi Anamika Yadav	B.A. II B.A. II	2nd Place
	Sanskriti Surabhi LUCSC, Lucknow University	Badminton Singles	13.12.2023 to 16.12.2023	Lucknow University New Campus, Jankipuram	1	Sakshi	B.A. II	Participated
		Volleyball			6	Akansha Verma Pari Mishra Shalu Devi Trisha Pooja Amrita	B.A. III B.A. II B.A. III B.A. I B.A. I B.A. I	1st Place
		Chess			1	Anubhavi Singh	B.A. III	1st Place
	Kho-Kho			12	Ruchi Verma Gulshan	B.A. III B.A. III	1st Place	

						Akansha Verma Laxmi Tanvi Verma Sonam Devi Priya Yadav Shalu Devi Saumya Thakur Riya Kashyap Supriya Gopal Arti Verma	B.A. III B.A. III B.A. III B.A. III B.A. III B.A. III B.A. III B.A. III B.A. II B.A. II	
		Basketball			7	Priyanka Sahu Rabiya Khatoon Drishti Gupta Richa Pal Sakshi Nandini Kishore Prakriti Soni	B.A. III B.A. II B.Sc. I B.Com. I B.A. I B.A. II B.A. II	Participated
	L.U. Intercollegiate Tournamnet	Kho-Kho	19.01.2023 to 20.01.2023	Lucknow University	12	Ruchi Akansha Verma Sonam Laxmi Apoorva Gulshan Riya Supriya Gopal Shalu Devi Saumya Thakur Arti Verma	B.A. III B.A. III B.A. III B.A. III B.Com. III B.A. III B.A. III B.A. II B.A. III B.A. III B.A. III	1st Place

						Tanvi Verma	B.A. III	
		Kabaddi			12	Sonam Devi Arti Lodhi Tanvi Anamika Mishra Arti Verma Geetanjali Sakshi Tiwari Priyanka Sahu Isha Sharma Riya Rajpoot Sakshi Mahek Kumari	B.A. III B.A. III B.A. III B.A. II B.A. II B.A. I B.A. I B.A. III B.A. II B.A. II B.A. II B.A. I	1st Place
		Volleyball			12	Akansha Verma Shalu Devi Yashasvi Bajpai Pooja Kannaujia Anubhavi Singh Amrita Tanisha Jividha Jahanvi Ankita Pari Mishra Roshni Singh Thapa	B.A. III B.A. III B.A. II B.A. I B.A. III B.A. I B.A. I B.A. I B.A. I B.A. II B.A. II	1st Place
		Basketball			12	Priyanka Sahu Drishti Gupta Deepti Patel	B.A. III B.Sc. I B.A. II	3rd Place

						Shivani Chaudhary Prakriti Soni Rabiya Khatoon Rishika Kashyap Tanvi Verma Sakshi Tiwari Aanchal Sonam Devi Nandini Kishore	B.A. II B.A. II B.A. II B.Com.II B.A. III B.A. II B.A. II B.A. III B.A. II	
		Chess			1	Anubhavi Singh	B.A. III	1st Place
	K.K.C. Intercollegiate Tournamnet	Kho-Kho	20.01.2023 to 21.01.2023	Charbagh, Lucknow	12	Ruchi Akansha Verma Sonam Laxmi Apoorva Gulshan Riya Supriya Gopal Shalu Devi Saumya Thakur Arti Verma Tanvi Verma	B.A. III B.A. III B.A. III B.A. III B.Com. III B.A. III B.A. III B.A. II B.A. III B.A. III B.A. III B.A. III	Participated
		Kabaddi			12	Sonam Devi Arti Lodhi Tanvi Anamika Mishra	B.A. III B.A. III B.A. III B.A. II	Participated

						Arti Verma Geetanjali Sakshi Tiwari Priyanka Sahu Isha Sharma Riya Rajpoot Sakshi Mahek Kumari	B.A. III B.A. I B.A. I B.A. III B.A. II B.A. II B.A. II B.A. I	
		Volleyball	23.01.2023 to 24.01.2023		12	Akansha Verma Shalu Devi Yashasvi Bajpai Pooja Kannaujia Anubhavi Singh Amrita Tanisha Jividha Jahanvi Ankita Pari Mishra Roshni Singh Thapa	B.A. III B.A. III B.A. II B.A. I B.A. III B.A. I B.A. I B.A. I B.A. I B.A. I B.A. II B.A. II	1st Place
	IMRT Fusion Fest 2023, IMRT College	Volleyball	14.04.2023 to 15.04.2023	IMRT College, Lucknow	6	Akansha Verma Shalu Devi Yashasvi Bajpai Pooja Kannaujia Anubhavi Singh Amrita	B.A. III B.A. III B.A. II B.A. I B.A. III B.A. I	1st Place
		Kabaddi			8	Sonam Devi Arti Lodhi Tanvi	B.A. III B.A. III B.A. III	1st Place

						Anamika Mishra Arti Verma Geetanjali Sakshi Tiwari Priyanka Sahu	B.A. II B.A. II B.A. I B.A. I B.A. III	
		Chess			1	Anubhavi Singh	B.A. III	3rd Place
		Athletics - 100m 200m Shotput			3	Akansha Verma Sonam Devi Anamika Yadav	B.A. III B.A. III B.A. II	2nd Place 2nd Place 2nd Place
	Cricket WPL Phoenix United Women's Premier League	Cricket	25.03.2023 to 16.04.2023	Phoenix Mall, Lucknow	1	Khushi Yadav	B.A. I	1st Place
	LUCSC ZEST 2023	Basketball	27.03.2023	Lucknow University	1	Drishti Gupta	B.A. I	1st Place
	LPCPS- XENIUM 2023	Kabaddi	27.04.2023 to 28.04.2023	LPCPS, Lucknow	11	Sonam Devi Arti Lodhi Tanvi Isha Sharma Arti Verma Geetanjali Sakshi Priyanka Sahu Riya Rajpoot Shalu Devi Shakshi Tiwari	B.A. III B.A. III B.A. III B.A. II B.A. II B.A. I B.A. I B.A. III B.A. II B.A. III B.A. II	1st Place
		Chess			1	Anubhavi Singh	B.A. III	2nd Place
	AURA 2023 organized by IT College	Basketball	28.05.2023 to 29.05.2023	Isabella Thoburn College, Lucknow	12	Priyanka Sahu Drishti Gupta Deepti Patel	B.A. III B.Sc. I B.A. II	Participated

						Shivani Chaudhary Prakriti Soni Rabiya Khatoon Rishika Kashyap Tanvi Verma Sakshi Tiwari Aanchal Sonam Devi Nandini Kishore	B.A. II B.A. II B.A. II B.Com.II B.A. III B.A. II B.A. II B.A. III B.A. II	
		Throwball			12	Shalu Devi Anubhavi Singh Vansika Verma Pari Mishra Shivanshi Yadav Roshni Singh Thapa Saumya Thakur Priya Yadav Gyanvi Chaurasiya Divya Barthwal Vaishnavi Pandey Sweety Singh	B.A. III B.A. III B.A. III B.A. II B.A. II B.A. II B.A. III B.A. III B.A. I B.A. I B.A. I	Participated
		Tug-of-war			12	Gyanvi Chaurasiya	B.A. II	Participated

						Vaishnavi Pandey Sweety Singh Mehak Kumari Arti Lodhi Roshni Singh Thapa Drishti Gupta Sonam Devi Tanvi Verma Isha Kumari Sharma Sakshi Tiwari Shivanshi Thakur	B.A. II  B.A. II B.A. I B.A. III B.A. I  B.Sc. I B.A. III B.A. III B.A. II  B.A. II B.A. I	
7-								

**Ensuring student participation in Skill Development workshops outside College Campus**



**Skill Development workshops**





**नवयुग कन्या महाविद्यालय**  
 मिशन शक्ति समिति  
 द्वारा आयोजित  
 विशिष्ट व्याख्यान (ऑनलाइन)  
**विषय : महिलाओं में उद्यमिता का विकास**  
 मुख्य वक्ता

**दिनांक : 26.08.2022**  
**समय : अपराह्न 2-3 बजे**

**मिशन शक्ति समिति**  
 डॉ० नीतू सिंह, संचालिका  
 डॉ० सीमा पाण्डेय, सह-संचालिका  
 श्रीमती विमला बिंद, सदस्य  
 डॉ० मनीषा बड़ोणियाँ, सदस्य


**श्रीमती आरती राना**  
 नारी शक्ति पुरस्कार-2020  
 (भारत सरकार द्वारा)

**संरक्षिका**  
  
**प्रो० मंजुला उपाध्याय**  
 प्राचार्या







**NAVYUG KANYA MAHAVIDYALAYA**  
 Accredited Grade B++ by NAAC  
 Rajendra Nagar, Lucknow

**DEPARTMENT OF SOCIOLOGY**  
 Organizes a lecture

**THEME-" DEENDAYAL ANTYODAYA YOJANA  
 AND SKILL DEVELOPMENT : A STEP  
 TOWARDS SUSTAINABLE LIVELIHOOD"**  
 A Tribute to Pt. Deendayal Upadhyay

**Date:25.09.2022**  
**Time:-5:00 P.M.**  
**Virtual Platform:Zoom**

<p><b>Chairperson</b></p>  <p><b>Prof. Manjula Upadhyay</b> Principal</p>	<p><b>Key note Speaker</b></p>  <p><b>Prof. A P Tiwari</b> Former Dean, Academics Dr. SMNR Univ, LKO</p> <p><b>Organizing Committee:</b>  <b>Dr. Vineeta Singh</b>  <b>Dr. Abha Dubey</b>  <b>Ms. Neha Yadav</b></p>	<p><b>Invited Speaker</b></p>  <p><b>Ms Monica Awasthi</b> Assistant Professor Deptt. of Economics A P Sen Memorial Girls College</p>
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## 06 | वॉयस ऑफ लखनऊ

### मॉलिक्युलर बायोलॉजी पर हुई कार्यशाला



लखनऊ। नवयुग कन्या महाविद्यालय में वनस्पति विज्ञान विभाग और जन्तु विज्ञान विभाग के तत्वावधान में मॉलिक्युलर बायोलॉजी की दो दिवसीय प्रशिक्षण कार्यशाला शनिवार को संपन्न हुई। कार्यशाला की शुरुआत विगना रेडियेटा (मूंग) की पत्तियों से आरएनए आइसोलेशन से किया गया। जिसमें विद्यार्थियों ने ट्राइजोल विधि से आरएनए आइसोलेशन करना, एग्रेस जेल प्रिपरेशन और जेल इलेक्ट्रोफोरेसिस विधि द्वारा आरएनए विजुलाइजेशन पूर्ण मनोयोग के साथ सीखा। प्रशिक्षण कार्यशाला का समापन मॉलिक्युलर एक्सपीरियम प्राइवेट लिमिटेड के फाउंडर डॉ. महेश वसंतानी के प्रमुख व्याख्यान स्कोप एंड रेलीवेंस ऑफ बायोटेक्नोलॉजी मेथड एप्लीकेशन एंड कैरियर से हुआ। जिसमें उन्होंने बायोटेक्नोलॉजी के विभिन्न आयामों पर चर्चा की और कैरियर इन बायोटेक्नोलॉजी के विषय में बताया। कार्यशाला का समापन प्राचार्या प्रो. मंजुला उपाध्याय द्वारा प्रमाण पत्र वितरण के साथ हुआ। कार्यक्रम का संचालन डॉ. ऋचा शुक्ला, डॉ. सरोज रानी, विमला बिंद, भावना एडिसन, अल्का सिंह एवं डॉ. क्षितिज शुक्ला के संरक्षण में संपन्न हुआ।

## Active Participation in Sports



# College has one of the best NCC wing in the City





## Placement Drives



## Programmes under Mission Shakti Cell



**NAVYUG KANYA MAHAVIDYALAYA,**  
RAJENDRA NAGAR, LUCKNOW-226004

**Topic:- Adolescent PCOD & Future health issues**  
**Date:- 23.09.2022**  
**Time:-11:00 a.m. onwards followed by OPD for students**  
**Venue:- Navyug Kanya Mahavidyalaya**

**Speaker**  
  
Dr. Sunita Chandra  
Senior Consultant &  
IVF specialist

**Chairperson**  
  
Prof. Manjula Upadhyay  
Principal

**Organising Committee:-**  
Dr. Neetu Singh(Convener)  
Dr. Seema Pandey( Co-Convener)  
Mrs. Manisha Barauniya  
Ms. Avnika  
Mrs. Vimala Bind




**जान** **शील** **एकता**

**MISSION SHAKTI**  
SUPPORTING THE PROBLEMS

बस पीड़िता नहीं योद्धा है,  
हर साहसी स्वयंसिद्धा है

**मिशन साहसी**

15 - 20 दिसंबर 2022

अखिल भारतीय विद्यार्थी परिषद, अवध प्रांत



# Industrial Visits and Excursions



